

**CANOE KAYAK CANADA  
RECAP OF 2020 SEASON SURVEY RESULTS**

**1) To which Division does your club belong? / À quelle division appartient votre club?**

- WOD: 6
- Prairie: 6
- Atlantic: 6
- Pacific: 3
- Quebec: 6
- EOD: 5

Total = 32 sprint responses

**2) I am a / Je suis**

- Coach: 2
- Commodore/Administrator: 17
- Head Coach/Administrator: 10
- Other: 3

**3) Did your club have a formal strategy for responding to COVID restrictions? / Votre club avait-il une stratégie formelle pour répondre aux restrictions liées à la COVID?**

- Yes/Oui : All/Tous

**4) If 'yes', what was that strategy? / Si oui, veuillez décrire votre stratégie :**

Common Themes :

- Respecting provincial and municipal guidelines
- Following guidance from division leads and CKC
- Maintaining health and safety of all
- Offering programs to best of their ability

Common Practices:

- Sanitary measures (mask wearing, handwashing, cleaning staff hired, disinfecting of boats, docks, equipment, washrooms and shared spaces)
- Social distancing, limited people allowed in spaces, smaller group sizes, scheduling to minimize congestion, no crew boats, parent pick up/drop off plan
- Covid questionnaires/screening/reminders to monitor for symptoms/attendance for contact tracing
- Using personal equipment when possible, no private belongings kept at club or in change rooms, cubbies set up outside
- Activities supervised, additional coaches hired
- Half day programming, limited enrollment/returning paddlers only

**5) Were you able to run a full slate of paddling programs this summer? / Avez-vous pu offrir une programmation de canotage complète cet été?**

- Yes/Oui : 18 : 56%
- No/Non : 14 : 43%

**6) If 'no', what did you not run and what was your rationale? / Sinon, quels programmes n'étaient pas offerts et pourquoi?**

- Limited enrollment or no new paddlers, no learn to paddle, no school learn to paddle, no Special O, no open house nights, no Masters, no canoe polo
- No crew boats/dragon boat/war canoe
- Reduced capacity day camp, no day camp or half day camp
- Later on-water start
- Reduced social events, no time trials, no regattas

Rationale:

- New paddlers: not comfortable teaching getting in/out while maintaining social distance, more likely to tip and self rescue not always an option
- Not enough equipment/boats for individuals to have their own all season
- Too difficult to have so many people at club and ensure they all respect protocols, not enough space
- Public health restrictions
- Too much risk

**7) What modifications did you make to your programming? / Quelles modifications avez-vous apportées à votre programmation?**

- Social distancing protocols: limited enrollment, returning paddlers only, small groups, scheduled sessions, no indoor programming/reduced time inside, half day sessions, no visitors, social distancing coordinator, flowpatterns within building/on docks, tents for shelter outside, drop off/pick up zone for parents: stayed in their cars
- Sanitizing/hand washing, increased staff to sanitize, specific equipment assigned to athletes, shared equipment regularly sanitized, individual bins for belongings
- Higher coach to athlete ratio
- Education on importance of following protocols
- No off-site trips, restricted activities (no crew boats, dryland outside without weights when possible, k4 in seats 1 and 4)
- Contact tracing, screening
- Delayed start
- Paddling close to shore, older kids taught to self rescue, capsized Covid Kit

**8) Did these modifications have an impact on your staffing? / Ces modifications ont-elles eu des conséquences par rapport à votre personnel?**

- Yes/Oui : 28
- No/Non : 4

**9) If 'yes', describe the impact. / Si oui, veuillez indiquer les conséquences.**

- Staff burnt out by end of summer due to protocols and no competition to look forward to (set up and clean up required, stations for handwashing, pick up and drop off set up etc)
- Delayed start for some staff
- Increased staff for monitoring, cleaning, operating with smaller groups, ensuring protocols being followed, covering sick days
- Decreased staff due to reduced income and reduced programs (only senior coaches re hired, no coaches hired for positions which typically had one, reduced hours for staff)

**10) Did these modifications have a financial impact? / Ces modifications ont-elles eu des conséquences par rapport à vos revenus?**

- Yes/Oui : 30 : 94%
- No/Non : 2 : 6%

**11) If 'yes', describe the impact. / Si oui, quel a été l'impact financier?**

- Negative impact: Increased payroll, high costs associated with cleaning supplies and PPE, less revenue due to less programs/reduced group sizes, no fundraising opportunities
- Positive impact: Decreased payroll, more revenue due to more families wanting to get their kids in outdoor activity, high demand for recreational kayak and paddle board renting

**12) How were your competitive numbers impacted by the pandemic? / Le nombre de membres compétitifs a-t-il augmenté ou diminué par rapport à 2019?**

- Decreased / Diminué: 10 : 31%
- Increased / Augmenté: 14 : 44%
- Stayed the same / N'a pas changé: 8 : 25%

**13) How were your overall membership numbers impacted by the pandemic? / Le nombre de membres généraux a-t-il augmenté ou diminué par rapport à 2019?**

- Decreased / Diminué: 21 : 66%
- Increased / Augmenté: 7 : 22%
- Stayed the same / N'a pas changé: 4 : 12%

**14) Did you attend any of the CKC Covid information sessions? / Avez-vous participé aux séances d'information COVID de CKC?**

- Yes / Oui: 30 : 94%
- No / Non: 2 : 6%

**15) Which sessions did you attend? / À quelles sessions avez-vous assisté?**

- Virtual Town Hall / Assemblées publiques virtuelles: 25
- Coaches Meeting / Réunion des entraîneurs: 19
- Connect with CKC Webinars / Webinaire(s) « Restez en contact avec CKC » : 20

**16) Did you find these sessions helpful? / Avez-vous trouvé ces sessions utiles?**

- Yes/Oui : 27
- No/Non : 3

**17) Did your coaching staff attend online Coaching Education programs during the shutdown? / Vos entraîneurs ont-ils participé à des programmes de perfectionnement des entraîneurs en ligne pendant la fermeture?**

- Yes / Oui: 18 : 56%
- No/Non: 7 : 22%
- Not aware: 7 : 22%

**18) Who offered these programs? / Qui offrait ces programmes?**

- CKC: 6
- Club: 1
- Division/Province: 6
- I do not know / Je ne sais pas: 3
- Blank: 14
- Other / Autre: 2

**19) How did you access your Provincial Health guidelines for return to sport? / Comment avez-vous accédé aux lignes directrices de votre santé publique provinciale pour le retour au sport?**

- Club meetings
- Government/provincial website
- Consultation with province/public health/city
- Provincial Sport Organization

**20) How did Covid-19 impact the size of your HP training group once on water training was permissible? / Comment la COVID-19 a-t-elle affecté votre groupe d'entraînement HP lorsque les entraînements sur l'eau ont pu reprendre?**

- Larger Group / Groupe plus grand: 4 : 12.5%
- Smaller Group / Groupe plus petit: 13 : 40%
- Status quo / Statu quo: 15 : 47%

**21) Did you take advantage of any of the following government programs? / Avez-vous bénéficié de l'un ou plusieurs des soutien du gouvernement fédéral?**

- Canada Emergency Business Account / Compte d'urgence pour les entreprises canadiennes : 12
- Canada Summer Jobs Program / Programme Emplois d'été Canada : 24
- Canada Emergency Wage Subsidy / Subvention salariale d'urgence : 15
- Canada Emergency Business Account / Compte d'urgence pour les entreprises canadiennes : 8
- Provincial/Territorial Support Programs / Programmes de soutien provinciaux/territoriaux : 6
- Temporary Wage Subsidy for Employers / Subvention salariale temporaire pour les employeurs : 8
- Other : 5
- None : 7

**22) Did your club undertake any fundraising activities? / Votre club a-t-il entrepris des activités de financement (collecte de fonds etc)?**

- Yes: 11 : 34%
- No: 21 : 66%

**23) If yes, please describe them and the outcome. / Si oui, veuillez les décrire ainsi que le résultat.**

- Bingo
- Local coffee fundraiser
- Donations from members
- Online auction, draws
- Paddlethon
- Some successes, some low turnouts and below target goals

**24) How did changes to the competition schedule affect your athletes? / Comment les changements au calendrier de compétition ont-ils affecté vos athlètes?**

- Negatives: lower morale, disappointment, unmotivated, lower attendance, stopped training, no potential for fun weekends
- Positives: enjoyed paddling for fun, more fun in training, greater improvement, more camaraderie, increased recovery, enjoyed not having so many competitions

**25) What gaps need to be filled because this season was different? (For example: there are paddlers who have never been in a crew boat or gone to a regatta) / Quels besoins ont dû être comblés en raison des changements de la saison? (Par exemple, certains jeunes n'ont jamais été dans une embarcation d'équipe ou participé à une régata)**

- Recruiting new members, athlete retention/engagement
- Crew boats / war canoes / regattas
- YTP has changed

- Less weight training
- Virtual comps anticlimactic, need strong U10/U12/U14 regattas to try and retain people, time trials which look more like regattas
- Spring Training Camp

**26) How can CKC work to help fill these gaps? / Comment CKC peut-elle aider à répondre à ces besoins?**

- Ensure competitions as soon as possible, promote local or regional competition or group training sessions, restructure singles race next season to give athletes the opportunity to race against their actual age groups and not be the younger age group again.
- Focus on athlete's health, offer mental health sessions
- Ensure contact with HP athletes to encourage them to train and compete
- Support for coaches (ideas for activities that can be organized by clubs)
- Work with federal and provincial departments to find continued support mechanisms
- Help clubs to get teamboats up to snuff (especially war canoe)
- Idea sharing, Coaches online session
- Small regattas where there are only crews

**27) List 3 positive things that happened as a result of the COVID restrictions this summer. / Indiquez 3 choses positives qui sont arrivées en raison des restrictions liées à la COVID cet été.**

**Programming:**

- Athletes were happy, dedicated, had fun, appreciated the sport
- Quality over quantity training, ability to focus on the basics, relaxed environment meant greater skill development, less stress
- Increased coach: athlete ratio
- Virtual training
- Staff and athletes better rested
- Increased communication to members due to more time
- Team support / increased camaraderie
- Resilience
- Club events

**Finances:**

- Increased membership
- Increased revenue for renting services (kayak & paddleboard)
- Less wear/tear on equipment
- Virtual meetings = cost saving
- Coaches/staff:
- Coach training, hired more local staff
- New activities/training ideas since coaches had time on weekends to plan
- Staff and athletes better rested

**Other:**

- Greater family engagement, parents happy to have free weekends
- More time for club organization
- Collaboration with other dock users, nearby clubs (including other sport clubs), provincial bodies

- Increased awareness of Canoe Kayak
- Cleaner facilities

**28) Describe 3 improvements you saw specifically in your club HP programs during the period of May - August that would not have occurred if not for Covid-19. / Veuillez indiquer trois améliorations que vous avez remarquées dans les programmes HP de votre club pendant la période de mai à août qui n'auraient pas eu lieu sans la COVID.**

- Team building, better communication, better interactions between athletes
- Less stress on performing, focus on paddling & enjoyment, increased boat skills due to training in singles, physical recovery, fitness levels improved (better dryland & more time in boats)
- Virtual training and innovative dryland
- Dedicated HP athletes
- Better/innovative programming from coaches
- Mental skills (patience)
- Less time travelling
- Job opportunities

**29) List your 3 greatest challenges from this summer. / Indiquez 3 de vos plus grands défis de l'été.**

- Uncertainty
- Managing finances
- Safety of members (conflicting & changing guidelines, having protocols approved, training environment, club environment, enforcing the guidelines)
- No events or compressed competition schedule
- Finding qualified staff, increased volunteer hours
- Not enough equipment and boats
- Recruiting members
- Keeping spirits high & motivating athletes
- Too much time off water due to no crew boats
- Communication to members and parents

**30) What modifications are you planning for winter training? / Quelles modifications allez-vous apporter à votre entraînement pendant l'hiver?**

- Zoom training if needed, athletes following own programs
- More outside training, reduced or zero indoor training (cross country skiing, running, weights, ergs since less ability for rec centre/pool permits)
- Winter training camp may not happen
- Loaning equipment to athletes
- Team building
- Pool training only for HP athletes
- Fundraising to purchase more gym equipment

**31) What concerns do you have for the 'off' season? / Quelles sont vos inquiétudes pour la saison « morte »?**

- Access to training facilities (gyms, pools etc.), signing a lease for space that may be cancelled
- Travel restrictions
- Long hours for coaches
- More covid restrictions and lockdowns, events cancelled next summer
- Trying to keep athletes motivated, loss of membership & athletes quitting
- Spring training camps, stress of determining a winter plan
- Safety: spread of covid in schools being brought to clubs, people slipping up on protocols and having a spread in the club
- Enforcement of protocols

**32) On a scale of 1 - 5, with 1 being 'extremely unlikely' and 5 being 'for sure', how likely is it your athletes will attend a warm weather training camp in the spring of 2021? / Sur une échelle de 1 à 5, 1 étant «extrêmement improbable» et 5 étant «sûr», quelles sont les chances que vos athlètes participent à un camp d'entraînement en eau chaude au printemps 2021?**

- 1-> 19: 59%
- 2-> 3: 9%
- 3-> 6: 19%
- 4-> 4: 12.5%

**33) What concerns do you have for the 2021 season? / Quelles sont vos inquiétudes pour la saison 2021?**

- Covid concerns
- No events (local, national, international) , team boats, war canoes, training spaces
- Training not fair for everyone (some planning on spring training which negatively affects others)
- Financial concerns
- Reduced membership/athletes quitting

**34) What can CKC do to help address your concerns? / Qu'est-ce que CKC peut faire pour vous aider à régler vos inquiétudes?**

- Keep communications high
- Make clear contingencies & guidelines, assist PSO's in developing covid plans
- Promote local or virtual competition
- National fitness testing/dryland competitions (once a month). Have national team members share their results.
- Online education sessions for athletes
- Get NT athletes interacting with club athletes, NT coaches visit clubs
- Work with province to help loosen restrictions, lobby governments for our sport
- Ask sport canada to put a call out to businesses, churches, warehouses etc. to be able to rent out to teams
- Help convince cities to allow putting lanes in for proper competitions and events



- Discourage spring training for teenagers/send out direction about it
- Clearer insurance issues

**35) Covid-19 required ongoing changes throughout the summer and forced an increase in communication between clubs, provinces/territories and CKC. Do you feel that the information was timely and informative? / La COVID-19 a demandé des changements continus pendant l'été et a forcé une augmentation des communications entre les clubs, les provinces et CKC. Trouvez-vous que l'information fournie était opportune et instructive?**

- Yes / Oui: 28 : 88%
- No / Non: 4 : 12.5%

**36) If no, what changes would your recommend? / Sinon, quels sont les changements que vous recommandez?**

- Better communication between CKC and PSO.
- More support, fun events and information from the PSO.